



CareerBeam: Career Exploration

These resources can be found under the **Career Exploration** tab on the far left of the main menu.

Purpose:

Career Exploration can help you identify key characteristics about yourself by assessing your values, temperament, personality, interests, skills, and talents. This type of self-understanding will help you make fulfilling career choices and help you effectively communicate your worth to employers during the job search process. You can also analyze your preferences for other aspects of your career such as Industry, Location, and Company Culture in the Defining Your Options section. You can begin to envision your future by developing a long term vision this will assist you in setting and working toward long-term career goals to ensure a satisfying career. CareerBeam combines and summarizes all of your assessment and exercise results into your own customized **Career Profile** Report.

Quick Profile

Quick Profile is a brief interactive assessment in three sections that will analyze your values, interests and personality. Once completed, your quick profile will identify careers that may be a good fit for your personal preferences. You can continue with the **Assessing Yourself** section if you want a more in depth profile.

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Career Exploration

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Quick Profile
The Quick Profile is a brief interactive assessment in three sections that will analyze your values, interests and personality. Once completed, your quick profile will identify careers that may be a good fit for your personal preferences.
Completed

Completing the Quick Profile is a great way to quickly get some insight into your personal preferences, but for a more detailed look into what careers are a good fit, continue with the exercises in the sections below.

Assessing Yourself

Where Do I Start?	Completed
Values	Completed
Temperament	Completed
Personality	Completed
Interests	In Progress
Skills & Talents	Start

Defining Your Options/Preferences

Industry	Start
Location	Completed
Corporate Culture	Start
Entrepreneurial Aptitude	Completed
Leadership Preferences	Start
Networking Preferences	Start



ASSESSING YOURSELF

Where do I start?

If you are struggling to ascertain where you need help in your career development process or how to find it in the CareerBeam system, use this exercise to map a plan to engage the resources you need most.

Values

Understanding your values as they relate to career decision-making is the single most important indicator in achieving a high degree of career satisfaction.

Temperament

Your temperament identifies your natural approach to life, the conditions in which you are most comfortable and the style you gravitate to most naturally. Understanding your temperament can help you evaluate whether or not work environments and work roles are a good fit for you.

Personality

Your unique personality is an expression of your temperament. Understanding your personality offers valuable insights into selecting a career that is well-suited to you, helps you learn about the style of leadership and the type of work environments best suited for you, and helps you understand the strengths and talents you offer an employer.

Interests

Your interests are those subjects and activities to which you are naturally drawn. Understanding your interests will help you identify work roles and environments that may be satisfying to you.

Skills/Talents

Accurate assessment of skills and talents require being objective about what you can do. It is important to identify your greatest strengths and reflect on talents that you possess and can use in the workplace but do not normally think of because they come so naturally to you.

DEFINING YOUR OPTIONS/PREFERENCES

These sections allow you to research some of the more specific aspects of your potential work environments including which industries might be a good match; what location would be best for you; and which company cultures would best align with your preferences. You can also explore whether an entrepreneurial endeavor is a possible choice for you and your preferred leadership and networking styles.



Defining Your Options/Preferences		
Industry	+	Start
Location	+	Completed
Corporate Culture	+	Start
Entrepreneurial Aptitude <small>NEW</small>	+	Completed
Leadership Preferences	+	Start
Networking Preferences	+	Start

Envisioning Your Future		
Vision	+	Start
Synthesis	+	Start
Career Decision Making Matrix	+	Start

ENVISIONING YOUR FUTURE

The **Vision** statement allows you to paint a picture of your ideal future and will be your template as you develop a plan to accomplish your career goals. The Career Profile Evaluation and **Synthesis** assist in evaluating and verifying your results to ensure they support your career goals. You can look for the common threads in your results to present your best assets to potential employers.

Once you get to the offer stage of your search, use the **Career Decision Making Matrix** exercise to assist you in making good career choices. By focusing on your core values, the Decision Making Matrix will help you weigh your options between employers, industries, or leaders to determine your best fit.

Tips:

- You can choose which assessments to complete, and you may complete them over time, in multiple sessions. For the most complete Career Profile, it is recommended that you complete all of the assessments and exercises.
- Your assessment results and Career Profile will be saved in your CareerBeam account, so you may review them at any time.